

Information

Dear Colleagues,

We (in Split, Croatia) participated in Heart Failure Awareness Days from 5th to 7th May 2017.

We have an older population in Croatia (>65 y), and almost 10/1000 inhabitants have diagnosis of heart failure (HF).

We realized the program during morning (9-12 h), on 5th May in the Institute of Public Health and in the afternoon (17-20h) at University Hospital Split, Department/ Clinic of cardiovascular disease.

We have organized:

- open hours in hospitals and Institute of Health
- measurements of blood pressure, lipids, glycaemia, BMI, test of smoking status
- lectures about disease and possible prevention
- delivering information to press, radio, TV, social media, websites in advance about activities and during the event
- a panel debates with heart failure specialists and specialists in cardiovascular prevention from Institute of health.

We prepared material about heart failure for patients and inhabitants.

We involved HF patients in actions and arranged the public event, during the days of town Split (patron, St Dujce).

Duska Glavas, FESC, ass. prof., President of Croatian Heart Failure Society

Davor Milicic, FESC, prof. President of Croatian Cardiology Society



HEART FAILURE
ASSOCIATION
OF THE ESC



EUROPEAN
SOCIETY OF
CARDIOLOGY®

Public event / open clinic



TV and radio coverage

Involved:

- HRT (national television)
- Mreža TV
- TV Jadran
- Radio Split



Newspaper and website coverage

- Slobodna Dalmacija (newspaper and web portal)



GRIPE I KRIŽINE

Spriječite rizik od zatajenja srca

Županijski nastavni zavod za javno zdravstvo u suradnji s Kliničkim bolničkim centrom Split organizira današnje besplatno zdravstveno savjetovanje povodom obilježavanja Dana svjesnosti o zatajenju srca. Za zainteresirane građane na raspolaganju su dva termina gdje će ih danas savjetovati dr. Duška Glavaš, specijalistica kardiologije. Prijepodne od 9 do 12 sati mogu doći u Savjetovalište za prevenciju nezaraznih bolesti u zgradi "Higijenskog", Vukovarska 46, i od 17 do 20 sati u bolnički Zavod za bolesti srca i krvnih žila na Križinama. A.K.



Printed material for patients

KLINIČKI BOLNIČKI CENTAR SPLIT
KLINIK ZA BOLESTI SRCA I KRVNIH ŽILA
Probletnik: Prof. dr. sc. Darko Duplancić, dr. med



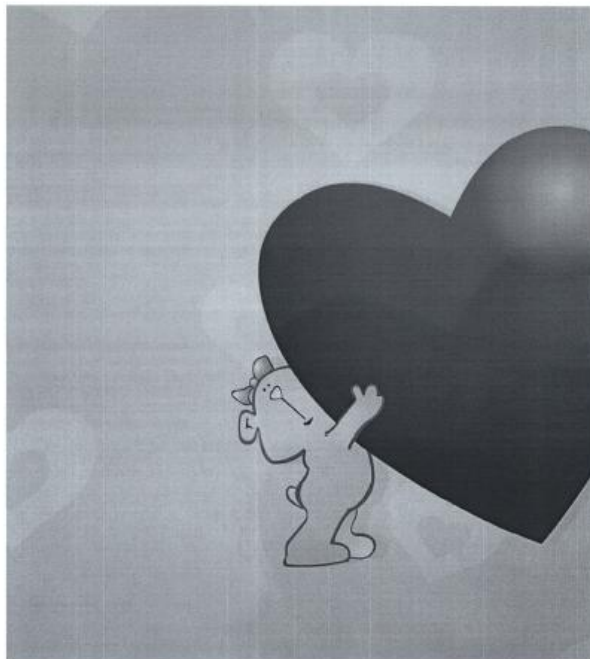
5.5.2017

ESC-HFA DAN POSVEĆEN ZATAJIVANJU SRCA

VI kat Predavaonica Križišne 17-20 h

u organizaciji Europskog kardiološkog društva,
Hrvatskog kardiološkog društva
Klinike za bolesti srca i krvnih žila

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5.7.2017.-Dan posvećen zatajivanju srca ▼

Epidemiologija ▼

Oko 1-2% europske populacije boluje od zatajivanja srca. Zatajivanja srca predstavlja jedan od najčešćih i najtežih oblika kardiovaskularnih bolesti, posebno u starijoj populaciji koja čini oko 20% stanovništva Hrvatske. Upravo iz tih razloga, ovaj dan u godini, na prijedlog Europskog kardiološkog društva (ESC) i Radne skupine za zatajivanje srca (HFA), posvećen je prepoznavanju bolesti uz planiranje daljnjih postupaka liječenja.

Moguće prateće bolesti, „okidači“ ▼

Hipertenzija, dijabetes, koronarna bolest, aritmije, valvularna bolest, bolest bubrega, anemija, bolesti štitnjače, imunološke bolesti, neurološke bolesti kronična obstruktivna bolest pluća, pušenje, infekcija, dizregulacija tjelesne težine, maligne bolesti, lijekovi (kemoterapija...), elektrolitski poremećaji, hiperlipidemija.

Dijagnostika ▼

Povijest bolesti i klinički nalaz (mjerjenje tlaka i pulsa), laboratorijske pretrage (proBNP), EKG, UZ srca, HolterEKG (ev ergometrija, koronarografija, CT/MR srca,.)

Liječenje (sukladno smjernicama uz individualnu procjenu) ▼

- lijekovi za poboljšanje simptoma: diuretici
- lijekovi koji mogu produžiti život: ACEi/ ARB, sakubitril/valsartan, betablokatori, antagonisti aldosterona, ivabradin,
- mehanička potpora, elektrostimulatori, transplantacija srca
- zdrav način života, rehabilitacija,
- redovite kontrole uz praćenje komorbiditeta
- multidisciplinarni pristup
- informiranje putem medija i novih tehnologija

Political Engagement

**Local politicals were not engaged since it was time of elections and election campaign in Croatia.
We were supported by Ministry of Health.**

Comments:

- **All planned activities for Heart Failure Awareness Day were successfully realised. Importance of heart failure prevention and timely treatment were recognized by media and inhabitants.**
- **We are already preparing for the following activities, ie. World Heart Day (not only a day, but whole week 25th – 29th September 2017), where we will again promote prevention and treatment of heart failure.**
- **Video has been sent separately as attachment.**